



CLUB SOCIAL
TUESDAY, SEPTEMBER 12
6:30 p.m.



1050 N Central Expy, Richardson, TX 75080

“Ten50 BBQ serves certified USDA Prime meat, simply seasoned and smoked to perfection. This is tried and true Texas barbecue at its finest. Come see us and we’ll tell you all about it.” <https://www.ten50bbq.com/menus/>

EVENTS

Monday, September 4 – Group Walk, Uptown Dallas
7:30 a.m. meet at McDonald’s 4151 North Central Expy
Walk includes Uptown neighborhood, Katy Trail, and West Village dining and shopping district. The 10 km also visits the State-Thomas neighborhood and Greenwood Cemetery.

Saturday, September 30 – Group Walks, Waco
9:00 a.m. meet at the Hilton Hotel, 113 S University Parks, Waco, TX 76701
Distance options in town in the morning.

1:00 p.m. meet at Texas Rangers Hall of Fame Museum, 100 Texas Ranger Trail, Waco, TX 76706
Distance options on the Baylor Campus in the afternoon.

Friday – Sunday, October 6 - 8 – Palo Duro Canyon State Park, West Texas Trail Walkers
Daily walks in the State Park and a city walk in Canyon, Texas.

Saturday, October 21 – Cedar Hill State Park
8:00 – 11:00 start time; hot dogs at 11:00.
Explore the historic Penn Farm and hike along the shore of Joe Pool Lake on concrete path and other nature trails.

Saturday, October 28 – SMU Homecoming
9:00 a.m. meet in parking lot 5400 E. Mockingbird Lane
Explore the SMU Campus on Homecoming weekend.

SEPTEMBER 20 -21, 6pm - 6pm



There are 3 ways to make a charitable donation to our National Organization.

Give online September 20-21 by visiting thebiggivesa.org and search for AVA: America’s Walking Club.

Donate now through October 31 by mailing your donation to American Volkssport Association, 1008 S. Alamo St., San Antonio, TX 78210.

Donate to AVA by credit card at <https://ava.charityproud.org/Donate/Index/?cid=17622>

Your donation makes a difference!

ELECTION OF CLUB OFFICERS

We will elect Club Officers at our club social in November. If you want to be nominated, the positions are: President, 1st Vice President, 2nd Vice President, Secretary, and Treasurer. Contact Deborah Carter or Helen Hull for descriptions of duties. Contact Judy Cato or Sharon Roy if you wish to be nominated.

NEW SEASONAL WALK – EAST TEXAS TREKKERS

The East Texas Trekkers have a new seasonal walk at Lake Tawakoni State Park starting on October 1 and continuing to the end of the year. The walk is on level trails through woods and along lakeshore. A State Park entrance fee is required.



WEEKLY GROUP WALKS

WHITE ROCK LAKE

Sundays @ 7:00 a.m.

(in October, time changes to 8:00 a.m.)

White Rock Medical Center

9440 Poppy Drive

Meet in the back parking lot.

POC: Sharon 972-754-2022

MILESTONES

EVENTS

Doris Bender 1000, 1500

Christine Benson 400

DISTANCE

Doris Bender 10,000

Christine Benson 3,500

PRESIDENT'S MESSAGE

Deborah Carter

We have 2 new Seasonal Walks that will be available October 1 through December 31. Walk them any time you wish during this period. The first is at Cedar Hill State Park and we will hold a Traditional Walk there on October 21. The second is called "[JFK Remembered](#)" and will include numerous sites related to that fateful day in 1963. We will group walk this in November.

AVA PUBLICATIONS

The American Wanderer (TAW) is going digital. It will be published on the same quarterly schedule. A printed version will be available to those who request it, but you will have to pay the postage.

A new yearbook will be available to AVA members starting in 2024. It will contain milestones, member news and photos.

The Checkpoint will continue to be published monthly.

TUESDAY GROUP WALKS RESUMING

The Tuesday group walks will resume for the fall starting on September 19. Contact [Helen Hull](#) if you want email notification of the walk schedule.

NOTE: Click on the links (in blue) for Event Details.

CALENDAR FOR SEPTEMBER - OCTOBER, 2023

Monday, Sept 04	GROUP WALK	Uptown Dallas @ 7:00 a.m.
Tuesday, Sept 12	CLUB SOCIAL	Ten50 BBQ, Richardson @6:30 p.m.
Saturday, Sept 30	GROUP WALKS	Waco: Baylor Campus YRE @ 9:00 a.m. Historic YRE @ 1:00 p.m.
Fri – Sun, Oct 6 - 8	WALKS	Palo Duro Canyon, West Texas Trail Walkers
Wed., Oct 11	BOARD MEETING	La Madeleine, Mockingbird Lane @ 2:15 p.m.
Saturday, Oct 21	WALK	Cedar Hill State Park @ 8:00 a.m.
Saturday, Oct 28	GROUP WALK	SMU Homecoming @ 9:00 a.m.



Dallas Trekkers, Inc. is a member of the American Volkssport Association and has been promoting healthful walking and trail development in the Dallas area since 1979. President: Deborah Carter • 1st VP: Helen Hull • 2nd VP: Candy Robinson • Secretary: Melissa Blanton • Treasurer: Dianne Duke • Dallas Trekkers, PO Box 851445 Mesquite TX 75185-1445. Please submit articles, reports, and digital photos to David Sheppard, email: dahv@earthlink.net.