



CLUB SOCIAL

Local Urban Craft Kitchen
Tuesday, May 08 – 6:30 p.m.



3011 Gulden Lane #112, Dallas 75212

Sharable plates, soups & sandwiches, entrees, and dozens of craft beers on tap.

Join us for a stroll on the Continental Bridge after dinner.

Contact Deborah Carter, debwalk@earthlink.net.



CHECKPOINT ✓

The official voice of the American Volkssport Association
AVA: America's Walking Club
www.ava.org

In the April issue of Checkpoint, President David Bonowitz explains AVA's computer woes, IT system remedies, and plans for the future. We've included his article as an email attachment or you can read it here:

http://ava.org/checkpoint/2018/Apr/2018_4_Ch_checkpoint.pdf

TARRANT COUNTY WALKERS

RIVER LEGACY PARK WALK

Saturday, May 19

Start: 8:00 – 11:00 a.m.

Start Point: Al's Hamburgers, 1001 NE Green Oaks Blvd., Arlington 76006.

Walk along the Trinity River and in River Legacy Park, primarily on paved city park trails. Please support the start point host for breakfast or lunch. The food is good. Point of Contact: Tom Spencer 817-460-4889.

Nacogdoches YRE – East Texas Trekkers

Saturday, May 05; start 9:30 a.m.

Helen Hull: helenthehun@yahoo.com

Walk goes through Stephen F. Austin State University campus, arboretum, azalea gardens, nature trails and historic downtown.

Ruidoso, NM – Sun Country Striders

Derrill Rothermich: derrillrothermich@hotmail.com

Wed., May 30 – Sun., June 03: Cedar Creek Recreation Trails

5k, 11k and 20k, rated 3B. Trails are through a national forest with start point behind Smoky The Bear Ranger Station. Altitude is 7,500 feet.

Friday, June 01: Cloudcroft Rails to Trails

5k and 14k, rated 3B. Well maintained trails through pine forest and meadows. Altitude is 8,500 feet, 50 miles from event hotel.

Saturday, June 02, Mescalero Fitness Path

5k and 10k, rated 2A. Trail is on fitness path with hills and wooded areas. There is a beautiful lake and a zipline. Altitude is 7,000 feet.

Sunday, June 03, Fort Stanton NM State Monument

6k, 10k, and 16k, rated 3B. One of most intact historic posts in New Mexico. A guided tour is available at 11am. Sparsely wooded rolling hills. Altitude 6,500 feet.

Footsteps of the Founders Walk – Texas Volkssport Association

Saturday, June 09, Fredericksburg; start 7:00 – 11:00 a.m.

Walk follows the route used for the first sanctioned volksmarch in the United States on 12-13 June 1976; through city neighborhoods and surrounding countryside. Brian Fisher: guadalupesigns@omniglobal.net

Vereinskirche Volksmarch – Texas Volkssport Association

Saturday, June 09, Fredericksburg; start 7:00 – 11:00 a.m.

A pleasant walk through part of the downtown area and through established neighborhoods. Celebrates TVA Founders Day.

YEAR-ROUND* GROUP WALKS

RICHARDSON

Wednesday evenings @ 6:45 pm
 Heights Recreation Center
 711 W. Arapaho, Rd., Richardson
 POC: Farhaan 972-841-0009
 Farhaan67@yahoo.com

WHITE ROCK LAKE

Sundays @ 8:00 am (7 am starting June 03)
 City Hospital at White Rock
 9440 Poppy Drive, Dallas
 POC: Sharon 972-270-4274
 oscarmayer123@tx.rr.com

*Year-round events (YREs) are self-guided walks available most every day. Some are offered as group walks at specific times.

MILESTONES

DISTANCE (km)

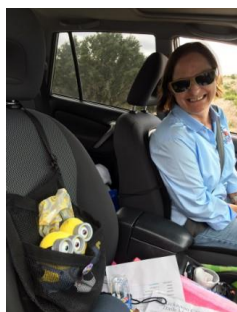
Denise Harvey	500
David Ring	3500
Karen Ring	3500

EVENTS

Denise Harvey	50
Deborah Prater	50
Bruce Schwab	175
Louetta Schwab	175
David Ring	300
Karen Ring	300
Eveline Evans	1500



Walk on!



Bonnie Avonrude on the road to Kickapoo Cavern State Park.

PRESIDENT'S MESSAGE

Deborah Carter

What a great Spring we've had: no rain-outs of walks! We explored the town of Sherman with Dianne Duke, saw the changes in Deep Ellum with Helen Hull (with a great turnout), and explored another Dianne Duke walk at the Dallas Audubon Center in the Great Trinity Forest, a hidden part of Dallas that the Trekkers' hadn't seen before. I really appreciate Dianne and Helen for developing these walks. Also, a Big Thanks to Ruthie Worsham and Donna Hall for their work supporting and helping develop these walks. I'm looking forward to visiting our year round walks this summer.

Your Board members and I are beginning to think about how to celebrate the Dallas Trekkers' 40th year next year. If you have a favorite walk you would like to revisit, or any ideas on how to celebrate, let us know!

AVA has an updated Release of Liability Assumption of Risk and Photo Liability Release for Minor Participants for those under the age of 18. This form must be signed by parent or guardian for all our events.

Eveline Evans has updated our Waco route for 2018. We'll visit all the best highlights in Waco plus extended trails along the Brazos River. Be sure and join us on the 12th!

NOTE: The Calendar now links (in blue) to online event details.

CALENDAR OF EVENTS SEPTEMBER - OCTOBER, 2017		
Saturday, May 05	GROUP WALK	Nacogdoches YRE, East Texas Trekkers; start 9:30 a.m.
Tuesday, May 08	CLUB SOCIAL	Local Urban Craft Kitchen (LUCK) @ 6:30 p.m.
Saturday, May 12	GROUP WALK	Waco YRE @ 9:00 a.m. – new, improved route.
Saturday, May 19	WALK	Arlington River Legacy, Tarrant County Walkers; start 8:00 – 11:00 a.m.
Monday, May 28	GROUP WALK	Downtown YRE @ 8:00 a.m.
Wed. – Sunday May 30 – June 03	WALKS: Sun Country Striders present 5 days, 4 events in Ruidoso, NM. Cedar Creek Recreation Trails any day, Dawn – 2 hrs. before dusk.	
Friday, June 01	Cloudcroft Rails to Trails, start 8:00 – 11:00 a.m.	
Saturday, June 02	Mescalero Fitness Path, start 8:00 – 11:00 a.m.	
Sunday, June 03	Fort Stanton State Monument, start 8:00 – 11:00 a.m.	
Saturday June 09	WALKS	TVA Founders Walks, Fredericksburg
Tuesday, June 12	BOARD MEETING	7:00 p.m.
Saturday, June 16	GROUP WALK	Waxahachie YRE @ 8:00 a.m.
Saturday, June 30	GROUP WALK	Uptown YRE @ 7:30 a.m.



Bill, Deborah and Maggie at St. Patrick's Day in Deep Ellum



Walter, Irene, Dorris, Gary on Irving Club's Highland Park year round walk.

Club information: www.dallastrekkers.org • More walk listings: www.ava.org

Follow the Dallas Trekkers on Facebook and Meetup!