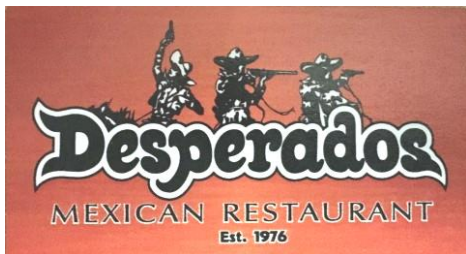




CLUB SOCIAL & ELECTIONS

Tuesday, November 14 – 6:30 p.m.



4818 Greenville Avenue, Dallas

Dinner at 6:30 with election of Club Officers to follow. Contact Deborah Carter, debwalk@earthlink.net.

OptOutside

We are again joining REI's #OPTOUTSIDE campaign this year. REI closes all stores nationwide on Thanksgiving and the day after and encourages everyone to enjoy the outdoors on Black Friday. We hope you'll join us the day after Thanksgiving for a walk through the "M Streets." Meet at 9:00 a.m., Trader Joe's, 2001 Greenville Ave. Lunch to follow. Contact: Deborah Carter – debwalk@earthlink.net.

401K: Invest in Your Health Program

The American Volkssport Association's National Executive Committee has approved a new online program that will allow AVA club members to log on and track their kilometers, steps, walk history, photos, and has other features for walking activities. The cost to enroll in the program is \$18.00. Look for payment and enrollment instructions on the AVA website in November. The projected start date is January 2018. If you are interested in participating and would like more information, contact Jan at VOP@ava.org.

DALLAS TREKKERS & IRVING STAR TREKKERS PRESENT:

Saturday, November 11

Eisenhower State Park and City of Denison Walks



View of Lake Takoma



Eisenhower Birthplace

Explore Eisenhower State Park and vistas of Lake Texoma. Start time: 8:30 – 11:30 a.m. Contact: Helen Hull – helenthehun@yahoo.com

Explore President Eisenhower's birthplace, Main St., and neighborhoods of Denison. Start time: 10:00 a.m. – 1:00 p.m. Point of Contact: Gary Silkworth – gsilkworth@msn.com



Tarrant County Walkers – One Walk Three Parks, Southwest Fort Worth

Saturday November 04, start 8:00 a.m. – 11:00 a.m.

Sue Giddings: mailto:sgiddings1024@gmail.com

Prairie views, creek, ponds, abundant nature as you walk through Chisholm Trail Park, Summer Creek Ranch Park, and C. P. Handley Park.

East Texas Trekkers – Logansport, LA. – DeSoto Parish

Saturday November 18, start 9:00 a.m. – Noon.

Helen Hull: helenthehun@yahoo.com

Explore historic Logansport and cross the Sabine River to Joaquin, TX.

East Texas Trekkers – Marshall, TX Christmas Lights Walk

Saturday December 02, start 5:00 p.m.

Helen Hull: helenthehun@yahoo.com

Tarrant County Walkers – North Richland Hills Hometown Christmas Walk

Saturday December 09, start 5:30 p.m. – 6:30 p.m.

Brooke Hudson: brooke_hudson@hotmail.com

A Christmas night walk on city streets through a lovely HOA area called Hometown. Nice homes and parks throughout. Bring a flashlight.

YEAR-ROUND* GROUP WALKS

RICHARDSON

Wednesday evenings @ 6:45 pm
 Heights Recreation Center
 711 W. Arapaho, Rd., Richardson
 POC: Farhaan 972-841-0009
 Farhaan67@yahoo.com

WHITE ROCK LAKE

1st - 4th Sundays @ 8:00 am
 Baylor Scott & White Hospital
 9440 Poppy Drive, Dallas
 POC: Sharon 972-270-4274
 oscarmayer123@tx.rr.com

*Year-round events (YREs) are self-guided walks available most every day. Some are offered as group walks at specific times.

MILESTONES

DISTANCE (km)

Bruce Schwab	150
Louetta Schwab	150
Bonnie Avonrude	700

EVENTS

Bruce Schwab	1500
Louetta Schwab	1500
Bonnie Avonrude	6500

COMING IN JANUARY



Yes, our Christmas Party in January will be "Pot Luck". The Club will provide ham, turkey, rolls, and drinks. You bring a side dish. The good folks at POD Storage in Garland are providing us a meeting room for our festivities. Remember, this is a White Elephant affair, so start thinking of that "special gift" you want to get rid of! Look for date, time, directions, and RSVP instructions in December.

PRESIDENT'S MESSAGE

Deborah Carter

Be sure to join us Veteran's day for the 2 walks in Denison. The State Park walk starts first and is a nice nature outing that includes great lake views. Afterwards, head over for a visit to Eisenhower's birthplace and also visit Main St. in Denison proper.

Walking opportunities abound throughout November and December! Be sure to RSVP on Meetup to any events you're attending. This encourages others to join in.

NOTE: The Calendar now links (in blue) to online event details.

CALENDAR OF EVENTS SEPTEMBER - OCTOBER, 2017		
Saturday, Nov. 04	WALK	One Walk Three Parks , Tarrant County Walkers; start 8 – 11:00 a.m.
Sunday, Nov. 05	WORKERS WALK	Eisenhower State Park @ 10:00 a.m.
Saturday, Nov. 11	WALKS	Eisenhower State Park , Dallas Trekkers; start 8:30 – 11:30 a.m. City of Denison , Irving Star Trekkers; start 10:00 a.m. – 1:00 p.m.
Tuesday, Nov. 14	CLUB SOCIAL	Desperados @ 6:30 p.m. Dinner & election of Club officers.
Saturday, Nov. 18	WALK	Logansport, LA. , East Texas Trekkers; start 9:00 a.m. – Noon.
Friday, Nov. 24	GROUP WALK	"M Streets" YRE @ 9:00 a.m. – OPT OUTSIDE
Friday, Dec. 01	GROUP WALK	Waxahachie YRE 5 km @ 4:30 p.m. – Bethlehem Revisited.
Saturday, Dec. 02	GROUP WALK	Marshall YRE Christmas Lights, East Texas Trekkers; start 5:00 p.m.
Saturday, Dec. 09	WALK	North Richland Hills Christmas Walk , Tarrant County Walkers; start 5:30 – 6:30 p.m.
Tuesday, Dec. 12	BOARD MEETING	7:00 p.m., Dave & Deborah's house.
Wednesday, Dec. 13	GROUP WALK	RICHARDSON YRE @ 6:45 p.m. – Christmas Lights
Friday, Dec. 22	GROUP WALK	Downtown YRE for Tuba Christmas @ 10:00 a.m.
Sunday, Dec. 31	WALK	TVA Memorial Walk , Fredericksburg; Texas Volkssport Association, start 10:00 a.m. – 1:00 p.m.
Monday, Jan. 01	WALK	TVA Midnight Walk , Fredericksburg; register starting 11:00 p.m., Dec. 31, 2017 and start walk at 12:01 a.m. Jan. 01, 2018.



On the trail at White Rock Lake.
 (Photo by D.J. Moore)



From our Hospital District Walk: (L) Purple arches at Children's Medical Center (R) Water tubes at William Clements University Hospital. (Photos by Karen Renee Robinson)



Club information: www.dallastrekkers.org • More walk listings: www.ava.org

Follow the Dallas Trekkers on Facebook and Meetup!