How To Change Meetup Email Settings
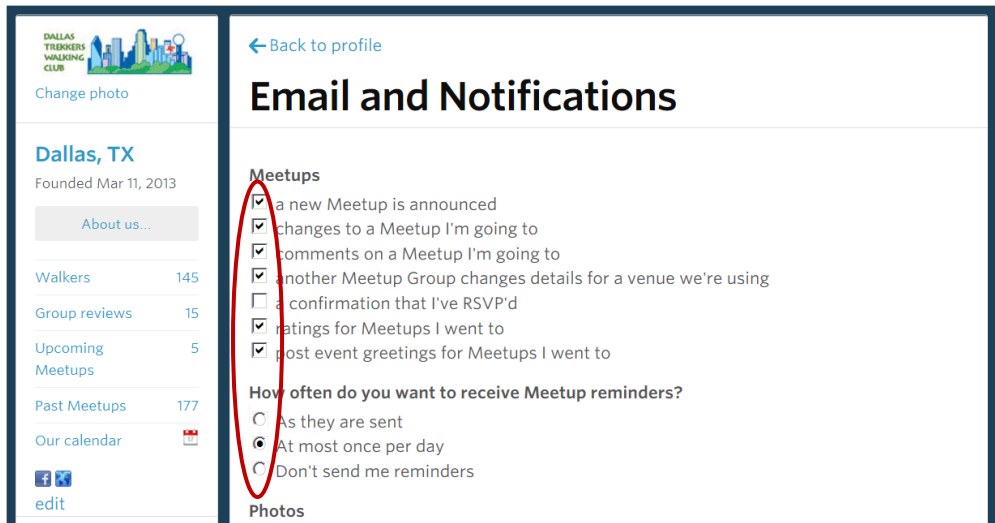
Log into Meetup's full desktop site: http://www.meetup.com/Dallas-Trekkers-Meetup/
If you created your Meetup account using your Facebook account, your password is the same.
Click on My Profile, then Email and Notifications.
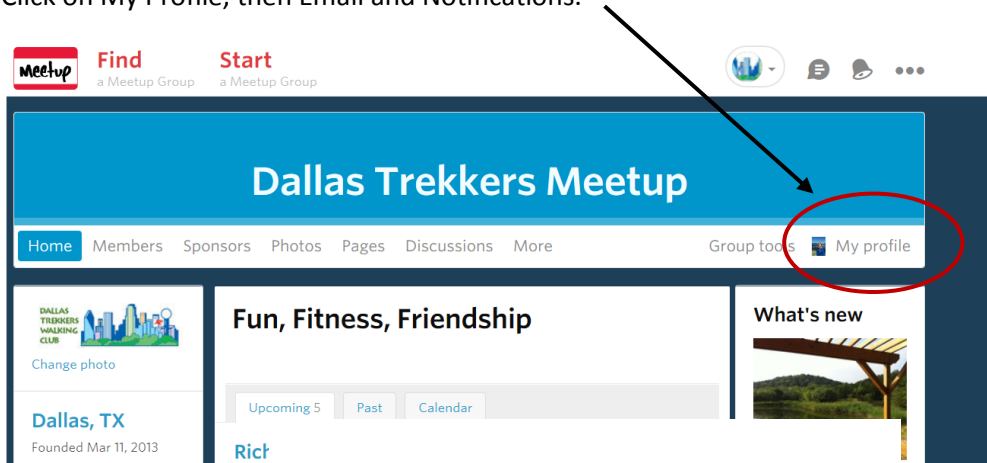
Indicate your preferences in the checkboxes:

Save your settings