

**DALLAS
TREKKERS
WALKING
CLUB**



**Monthly Calendar
July 2023**

Friendly reminders

This time of year, be sure to bring plenty of water with you and a snack. Wear a hat and use sunscreen. Walk only as far as you comfortably can, including returning to the start point. Take a break if you need one. If you feel worn out, someone will be happy to assist you.

DATE	TIME	EVENT	LOCATION	CONTACT
Sun. July 02	7:00 a.m.	GROUP WALK	White Rock Lake YRE	Sharon
Tues. July 04	7:00 a.m.	GROUP WALK	Downtown Dallas YRE	Helen
Sun. July 09	7:00 a.m.	GROUP WALK	White Rock Lake YRE	Sharon
Tues. July 11	6:30 p.m.	CLUB SOCIAL	Chips Old Fashioned Hamburger, La Vista Dr., Dallas	Deborah
Sun. July 16	7:00 a.m.	GROUP WALK	White Rock Lake YRE	Sharon
Sat. July 22	7:00 a.m.	GROUP WALK	Canyon Creek YRE	Dianne
Sun. July 23	7:00 a.m.	GROUP WALK	White Rock Lake YRE	Sharon
Sun. July 30	7:00 a.m.	GROUP WALK	White Rock Lake YRE	Sharon

"Walk" – a traditional, one-time event.

"Group Walk" – a scheduled event where folks plan to walk a YRE together, rather than on their own.

"YRE" – year-round event. These are walks you can do on your own, typically any day of the year. There is a self-serve, sign-in box with registration, map & directions.

"Seasonal" – same as YRE, except not for an entire year.

Event and Contact links in [blue](#)

SAVE THE DATE:

August 05 – Richardson Group Walk (shaded neighborhood)

August 09 – Board Meeting

